Pool Rules and Policies

- **1.** Patrons must sign in.
- **2.** Swimming is permitted ONLY while a lifeguard is on duty.
- **3.** Swimmers must shower before entering pool.
- Children under the age of 10 must be accompanied by, and under the direct supervision of, an individual who is over 16 years old. Children 10-16, if left unattended, must have & show a valid Navy Youth Swim License and ID.
- 5. Appropriate swimwear is required! No cutoff pants, no cotton t-shirts, no workout clothing, no sports bras as tops. Please note <u>Buttocks must be</u> <u>covered; No thongs, No Brazilian nor Rio backs, No Tango cut bottoms.</u>
- 6. No foul language, no swearing, no yelling.
- 7. No personal speakers, Bluetooth speakers, or loud music; *if you prefer your own music, you must wear headphones.*
- **8.** Persons with colds, skin infections, or open wounds are not allowed to enter the water. No Band-Aids in the pool.
- **9.** No glass of any kind permitted anywhere in the Aquatics facility.
- **10.** No eating, drinking, or chewing gum allowed inside the pool areas. All food & beverages must be consumed outside the pool enclosure. Picnic tables are available for use. (*Exception: special events*).
- **11.** No alcohol allowed. Persons consuming alcohol inside the facility, or those who appear to be under the influence, will be asked to leave.
- **12.** No smoking or use of tobacco products, including e-cigarettes.
- **13.** No pets allowed.
- **14.** No running, pushing, dunking, shoulder rides/chicken fights nor any excessive horseplay or unruly behavior allowed.
- **15.** All diving must be forward-facing into water at least 9' deep. No backwards jumps, backwards dives or flips/gymnastics from the deck into the water.
- **16.** Kickboards and gear used for lap swim is authorized in Lap lanes only. NO scuba gear, snorkels, dive fins allowed except for during designated Scuba pool times.
- **17.** When lap lanes are full, Circle Swim rules apply; lap swimmers must share lanes.
- **18.** The aquatic facility and surrounding area will be cleared of all persons during lightening/thunder as directed by the lifeguards.
- **19.** Any rules not listed or outlined here is at the discretion of the lifeguards on duty, for the safety of all our patrons, and are as per CNICINSTR1701.3. Aquatics staff must be obeyed at all times and have the authority to suspend pool activities.
- 20. The pool rules are here for our patrons & staff safety- Safety First!

